

# Meta Trauma Approach & PTSD-Prevention

With Frank Pucelik

2-7 September 2020

Kiev, Oekraïne

Training: € 750  
(excl. travel expenses)

NLP Masterclass (6 days) for healthcare workers & educators

## In brief:

Masterclass for educators, trainers and healthcare workers with a background in NLP.

Unique approach for PTSD-prevention by one of the NLP founders

Official certificate  
MTA-PTSD-prevention,  
signed by Frank Pucelik

Discover the essence of trauma and our joint responsibility for taking appropriate care

## Pathway to inner freedom and wisdom

*Are you involved with people that may be suffering from trauma or who are running an increased risk of getting post traumatic stress symptoms? PTSD can stand in the way of a person's sense of safety and security and hence PTSD can hinder a person's willingness to search for (let alone find) new possibilities and choices. According to many experience experts most existing treatments of trauma generate a moderate (if any) result. Would you opt to learn another proven approach? Than here it is. An approach that defines trauma as an in-between phase on the path to freedom and wisdom. Get to know this Meta Trauma Approach of NLP-founder, Vietnam veteran and trauma specialist Frank Pucelik.*

### An experience expert's perspective on 'trauma'.

Frank Pucelik survived the Vietnam war. His words are clear about it: 'It took us 18 hours to get home. It took me 15 years to come home.' The inspiration for a lifelong quest lies in Pucelik's personal experiences as a medic in the Vietnam Jungle and his experiences with the consequences and subsequent treatment of trauma. The quest being: How can we truly help people to live a healthy life, when the consequences of endured trauma are so much in the way. It resulted in an unorthodox, but extremely successful perspective and approach of Post Traumatic Stress Disorder: Meta Trauma Approach.

### Metaphor of the medicine man

Pucelik's approach is based on a powerful metaphor about the wisdom of the Red Indians' Medicine Man. Warriors that returned from war were never allowed to immediately enter their village. Let alone live there. They would jeopardize the safety of their fellow tribesmen/-women. First they had to undergo a specific set of rituals. There was this deep knowledge that the tribe had sent them into the war and that the tribe now (in the person of the medicine man) was responsible for a healthy return of the warriors and the safekeeping of the members of the tribe. This was a holy and unwritten contract.

### The medicine man and the western world

In our western world we fail to comply with this metaphorical "contract". Society takes insufficient responsibility for the consequences of the war traumas the home-coming warriors and their families carry with them. For 'Medicine Man' read psychiatrist, psychologist, health care worker etc. PTSD-suffering people can - as a result - jeopardize unintentionally their surroundings.

### What's in it for you?

In this course you will gain profound insights, practical techniques and concrete experiences around Pucelik's approach. You learn how to detect trauma symptoms and how to respect the model of the world of those who struggle with them. You'll discover how to connect with that model of the world in order to be able to facilitate the transformation. Health care people will find they can integrate this knowledge splendidly in their current practice. For educators it is useful to apply this perspective in their own practice and transfer their knowledge to other people. The course also offers a unique opportunity to consult the most accessible of all three founders of NLP on a broad spectrum of psychological assistance.

## Does it appeal to you?

Harvest over 35 years of experience in this field

Enjoy many opportunities to consult Frank Pucelik directly

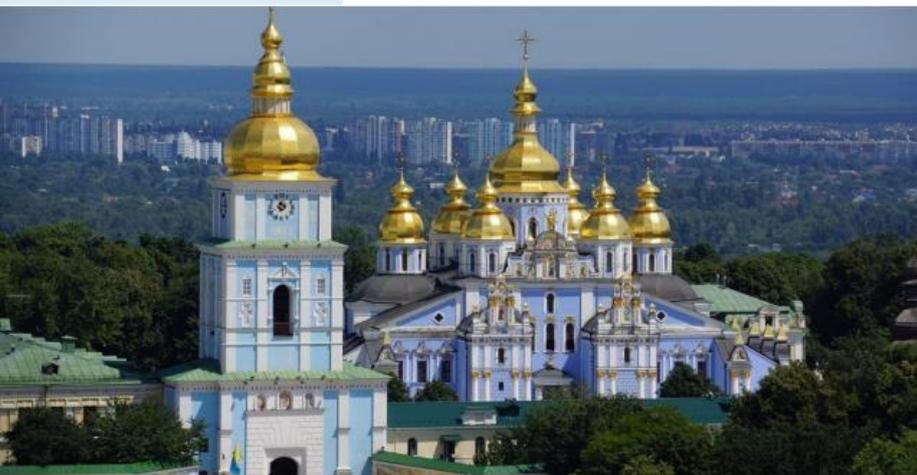
Learn how to effectively connect and work with refugees and immigrants as well as (war)veterans, addicts, victims of traffic, violence and natural disasters

### MTA - Best Practices for actually coming home

Pucelik's struggle to truly come home was one of the reasons for developing NLP together with John Grinder and Richard Bandler. He has also been closely involved with existing and new centers for veterans and addicts in the US and in the Ukraine. In that daily practice with thousands of people he experienced and researched what was actually effective and what not. MTA contains the 'best practices' from over 30 years of practical research.

### Universal perspective

From the point of view of NLP-modeling, MTA is easily translated into other contexts in which people struggle with PTSD. It's a perspective that restores them as the hero in their own lifestory. And where traumatic experience may function as a resource.



# NLP Masterclass MTA & PTSD-Prevention

*Pathway to inner freedom and wisdom*

## Who's the trainer?

Frank Pucelik, NLP founder, is the trainer. Angélique de Graaff en Paul Flier are organizing this Event. They will assist the Dutch delegation whenever necessary. Frank as well as Angélique and Paul are members of the NLP Leadership Summit and Fellow of CoreNLP. The training is a joint effort of Frank Pucelik (Meta International), Stichting Meta Group Holland and Vrije Oogst.



### Frank Pucelik

NLP-founder and psychologist Robert Franklin Pucelik has practiced this PTSS-approach successfully for over 35 years now. He helped traumatized people to pick up their lives. At the time that he developed together with Grinder and Bandler Meta-NLP he discovered that health care isn't always equipped to guide people to a general feeling of well being. In spite of many positive developments Western basic attitude in reference to trauma healing remains basically the same. Pucelik, with his characteristic compassion, spent years and years researching various PTSS- treatments and he developed amongst other things this successful MTA-method. Having been a Medic during the Vietnam War could very well explain his drive to be a caregiver. In the jungle his task was to patch up the wounded soldiers and keep them alive. In his words: 'My job was to help them if they were shot or exploded or whatever horrible things that happened to us in the jungle. After that I was a mess. I couldn't seem to get the jungle and the experiences out of my head...' Frank is a living example of how a 'problem' turns into a 'resource' and a lifelong inspiration for creating a better world.



### Angélique de Graaff

Angélique attended NLP trainings with all three NLP founders (John Grinder, Richard Bandler and Frank Pucelik) and also with Robert Dilts, Connirae Andreas and Toni Robbins. Her background is writing, editing, teaching and educating. She teaches NLP and helps school teachers to manage disruptive classes with love. She is chairman of the Board of Meta Group Holland



### Paul Flier

Paul picked up most of his NLP-training from René Kuiper, Robert Dilts, Anthony Robbins, John Grinder, Richard Bandler en Frank Pucelik. In 2019 he was awarded by the IANLP 'for exceptional commitment in quality assurance'. Hij is an industrial design engineer (MSc), with a background in Lean and provides NLP trainings with Angélique at Vrije Oogst on a Dutch farm estate and in Venice, Italy.

## Unique opportunity and early booking discount

We're grateful that Frank Pucelik with his 75 years of age is still capable and willing to commit himself with heart and soul to share his experiences and the PTSD-treatment programs that emerged in the process. This 6-day program in Kiev is a unique opportunity to get this valuable knowledge and experience straight from the horse's mouth.

## Certificate

The training is completed with a certificate MTA PTSD-Prevention Training, signed by Frank Pucelik.

## Further details

The training is given in 6 consecutive days in Hotel Visak, Kiev, Ukraine. You can opt for a room in Hotel Visak or find another hotel or apartment close by. More details follow once you have registered.

**Costs:** € 750,- per participant, flight and stay not included. VAT-free.

**Early Bird?** Originally scheduled for april, postponed because of corona. Now the early bird rate is for everyone.

**Venue:** Hotel Visak, Obolonska Naberezhna St, 17, Kiev, Ukraine. Telephone: +380 50 351 6709

**Date:** 2-7 September 2020. Arrival at the latest 1 April. Departure earliest 8 April

## More information and registration

You can secure a place by sending a WhatsApp or an e-mail to Angélique de Graaff ([infomail.cherub@gmail.com](mailto:infomail.cherub@gmail.com) or +31 6 164 06 767) or to Paul Flier ([paul@vrijeoogst.nl](mailto:paul@vrijeoogst.nl) or +31 6 520 575 40). Please let us know if you need additional information.



[www.metagroupholland.nl](http://www.metagroupholland.nl)



[www.corenlp.org](http://www.corenlp.org)



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